## **2020** SUMMER OF CARING

**UNITED WAY OF BUFFALO & ERIE COUNTY** 

Watch a UWBEC video on YouTube.	Read to your children or a child in your life virtually.	Follow us on Instagram.	Use sidewalk chalk to leave positive messages in your neighborhood.	Share your bingo board using #soc2020.
Perform a random act of kindness.	Subscribe to UWBEC's Youtube.	Donate food to a local food bank.	Create a profile on VolunteerWNY.org.	Member of Leadership Society (uwbec.org/leadership)
Follow us on Twitter.	Guess how many programs we support. Find the answer at uwbec.org/fundedprograms.	FREE SPACE	Write and mail a letter to a family member/friend.	Take the 6-Foot Putting Challenge. (uwbec.org/putt)
Member of Women United (uwbec.org/womenunited)	Sign up for UWBEC emails and stay connected.	Donate masks to a local nonprofit through VolunteerWNY.org.	Have you met ALICE? Learn more at uwbec.org/ALICE.	Follow us on Facebook.
Member of Next Generation United (uwbec.org/nextgeneration)	Spread the word about 211WNY. (211wny.org)	Send a Thank You card to an essential worker. (uwbec.org/thankyou)	Follow us on LinkedIn.	Donate \$10 and Join the Fight. (uwbec.org/jointhefight)

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